

UPCYCLED MUSIC SHAKERS



MATERIALS

- TP rolls
- Elastic bands (tidy up outside by picking up the ones the postie has dropped!)
- Something to make noise with – e.g. rice, lentils, chickpeas, acorns
- A little wax paper
- Things to decorate with (go wild!)

1



Hunt around the home and gather your materials – you will need at least one TP Roll to make one instrument

2



Decorate your instruments – experiment with paints, colour mixing and other materials. Use a toothbrush to make galaxy patterns (mess alert!), wool or felt for tactile exteriors. What else can you use? Tin foil? Cut up pieces of plastic?

3



Once your TP Rolls are decorated and dry, cut out a circle from your wax paper – it should be at least 1-2cm wider all around than your TP Roll.

4



Scrunch over one end of the TP Roll and secure with the elastic band.

Have lots of fun with your noise makers!!!

5



Fill with the noise maker – e.g. lentils. Then add another piece of wax paper and elastic to the other end. You MAY wish to add a little glue too!